



NOVEMBER MENU 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>1 Breakfast Maypo, Banana Pancakes, Bacon Lunch Chicken Marsala, Oven Browned Potatoes, Green Beans Dinner Pasta Alfredo w/Cheese, Italian Blend Vegetables, Garlic Bread</p>	<p>2 Breakfast Cream of Rice, Scrambled Egg w/Baked Ham Lunch Stuffed Cabbage, Mashed Potatoes Dinner Roast Turkey on Toast Points w/Gravy, Squash, Cranberry Sauce</p>	<p>3 Breakfast Oatmeal, Hash Brown Potatoes, Hard Boiled Egg Lunch BBQ Beef, Tangy Creamy Potato Salad, Superslaw Dinner Broccoli Cheddar Quiche, Fruit Salad</p>	<p>4 Breakfast Cream of Wheat, French Toast, Bacon Lunch Veal Milanese, Prince Edward Vegetables, Mashed Potatoes Dinner Chicken Tempora, Brown Rice, Vegetable Blend</p>	<p>5 Breakfast Maypo, Bacon & Cheese Quiche Lunch Baked Haddock, Italian Blend Vegetables, Sweet Potato Dinner Meatloaf w/Gravy, Mashed Potatoes, Vegetable of the Day</p>	<p>6 Breakfast Oatmeal, Pancakes Lunch Hot Dog in a Roll, Baked Beans, Pickled Beets Dinner Lemon Sage Chicken Thighs, Baby Carrots, Parsley Potatoes</p>	<p>7 Breakfast Cream of Rice, Cheesy Egg Scramble, Toast Lunch London Broil, Brussel Sprouts, Couscous Dinner Macaroni & Cheese, Spanish Green Beans</p>
<p>8 Breakfast Oatmeal Ham and Cheese Quiche Lunch Swedish Meatballs, Egg Noodles, Broccoli Dinner Orange Beef Stir Fry, White Rice, Oriental Vegetables</p>	<p>9 Breakfast Maypo, Hard Boiled Egg, Bran Muffin Lunch Mediterranean Chicken Picatta, Zucchini, Rice Pilaf Dinner Beef Stroganoff, Bow Tie Pasta, Beets</p>	<p>10 Breakfast Cream of Wheat, Cheesy Egg Scramble, Hash Brown Lunch Hungarian Beef, Carrots, Mashed Potato, Gravy Dinner Chicken Cacciatore, Fettuccini, Zucchini</p>	<p>11 Breakfast Oatmeal, Blueberry Pancakes, Sausage Lunch Sloppy Joe on a bun, Corn Dinner Cranberry Glazed Turkey, Brussel Sprouts, Stuffing & Gravy</p>	<p>Breakfast Cream of Rice, Scrambled Egg, Danish Pastry Lunch Baked Haddock, Spinach, Sweet Potatoes, Roll Dinner Beef Stew, Beets, Dinner Roll</p>	<p>13 Breakfast Oatmeal, Pancake with Berry Sauce, Toast Lunch Hot Dog in a bun, Coleslaw, Baked beans Dinner Chicken Parmesan, Orzo, Italian Blend Vegetables</p>	<p>14 Breakfast Cream of Wheat, Waffles, Sausage Lunch Ham Steak, Cauliflower, Sweet Potatoes Dinner Chicken Tenders, Veg Of The Day, Rice</p>
<p>15 Breakfast Oatmeal, Western Scrambled Eggs, Toast Lunch Meatloaf w/Gravy, Mashed Potatoes, Baby Carrots Dinner Chicken Pot Pie Wax Beans</p>	<p>16 Breakfast Cream of Wheat, Pancake, Bacon, Maple Syrup Lunch Corned Beef and Cabbage Dinner, Turnips, Carrots, Boiled Potatoes Dinner Macaroni & Cheese, Capri Vegetable</p>	<p>17 Breakfast Maypo, Egg & Cheese Croissant Lunch Chicken Cacciatore, Zucchini, Spaghetti, Garlic Bread Dinner Roast Pork, Beets, Rice</p>	<p>18 Breakfast Banana, Oatmeal, Scrambled Egg, Toast Lunch Riblet with Sauce, Baby Carrots, Baked Beans Dinner Lasagna & California Blend</p>	<p>19 Breakfast Cream of Rice, French Toast, Sausage Lunch Baked Fish w/Lemon, Baked Potato, Green Beans Dinner Hot Turkey Sandwich, Squash, Cranberry Sauce</p>	<p>20 Breakfast Maypo, Cheesy Egg Scramble, White Toast Lunch Pork Pie, Corn Dinner Fish Nuggets, Tater Tots, Coleslaw</p>	<p>21 Breakfast Cream of Wheat, Egg Soufflé, Cranberry Muffin Lunch Beef Stroganoff over Egg Noodles, Brussel Sprouts Dinner Chicken Piccata, Garlic Spinach & Orzo</p>
<p>22 Breakfast Oatmeal, Waffle, Bacon Lunch Shepherd's Pie, Mixed Vegetables, Corn Muffin Dinner Chicken Pesto, Broccoli, Brown Rice</p>	<p>23 Breakfast Cream of Wheat, French Toast and Sausage Lunch Roast Pork, Braised Red Cabbage, Scalloped Potatoes Dinner Chicken Pot Pie, Roasted Butternut Squash</p>	<p>24 Breakfast Oatmeal, Scrambled Eggs, Hash Brown Potatoes Lunch Stuffed Cabbage, Mixed Vegetables, Mashed Potato Dinner Macaroni & Cheese, Stewed Tomatoes</p>	<p>25 Breakfast Banana, Cream of Rice, French Toast, Bacon Lunch Roast Turkey Dinner, Butternut Squash, Mashed Potato, Stuffing, Cranberry Sauce Dinner Beef Stew & a Biscuit</p>	<p>26 Breakfast Western Haystack Eggs, Maypo, Wheat Toast Lunch Baked Haddock, Rice, Glazed Carrots Dinner Beef Tomato Cavatappi, Zucchini</p>	<p>27 Breakfast Cream of Wheat, Scrambled Eggs, Blueberry Coffee Cake Lunch Chicken Tenders, Green Beans, Garlic Mashed Potato Dinner Shrimp Scampi, Penne Pasta, Mixed Vegetable</p>	<p>28 Breakfast Oatmeal, Pancake, Sausage Lunch Stuffed Shells, Garlic Toast & Italian Blend Dinner Meatloaf with Gravy, Broccoli, Red Skin Potatoes</p>
<p>29 Breakfast Oatmeal, French Toast & Sausage Lunch Honey Ginger Pork, Green Beans, Mashed Potatoes Dinner Ravioli with Sauce, Asparagus</p>	<p>30 Breakfast Maypo, Hard Boiled Egg, Bran Muffin Lunch Mediterranean Chicken Picatta, Zucchini, Rice Pilaf Dinner Beef Stroganoff, Bow Tie Pasta, Beets</p>					

