

# MARCH 2023 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		<p><b>1 Breakfast</b> Maypo, Scrambled Eggs, Toast, Bacon  <b>Lunch</b> Chicken Supreme, Mixed Vegetable, Baked Potato  <b>Dinner</b> Stuffed Peppers, Wax Beans, Mashed Potatoes</p>	<p><b>2 Breakfast</b> Cream of Wheat, Egg Soufflé, Coffee Cake  <b>Lunch</b> Beef Tips, Green Beans, Baked Potato  <b>Dinner</b> Rosemary Pork, Roasted Squash, Mashed Potato</p>	<p><b>3 Breakfast</b> Oatmeal, French Toast, Sausage  <b>Lunch</b> Baked Fish w/Lemon, Asparagus, Oven Browned Potatoes  <b>Dinner</b> Meatloaf with Gravy, Scalloped Potatoes, Vegetable Medley</p>	<p><b>4 Breakfast</b> Cream of Rice, Scrambled Eggs, Banana Muffin  <b>Lunch</b> Tortellini Alfredo, Capri Vegetables, Italian Bread  <b>Dinner</b> Creamy Mustard Chicken Thighs, Carrots, Roasted Potato Wedges</p>	<p><b>5 Breakfast</b> Maypo, Waffle with Berry Sauce  <b>Lunch</b> Chicken Chasseur, Butternut Squash, Garlic Mashed Potato  <b>Dinner</b> Pepperoni Pizza &amp; Zucchini</p>
<p><b>6 Breakfast</b> Oatmeal, Western Scrambled Eggs, Toast  <b>Lunch</b> Meatloaf w/Gravy, Mashed Potatoes, Baby Carrots  <b>Dinner</b> Chicken Pot Pie  <i>Winter Blend Vegetables</i></p>	<p><b>7 Breakfast</b> Cream of Wheat, Pancake, Bacon, Maple Syrup  <b>Lunch</b> Corned Beef and Cabbage Dinner, Turnips, Carrots, Boiled Potatoes  <b>Dinner</b> Macaroni &amp; Cheese  <i>Capri Vegetable</i></p>	<p><b>8 Breakfast</b> Maypo, Egg &amp; Cheese Croissant  <b>Lunch</b> Chicken Cacciatore, Zucchini, Spaghetti, Garlic Bread  <b>Dinner</b> Roast Pork, Beets, Rice</p>	<p><b>9 Breakfast</b> Banana, Oatmeal, Scrambled Egg, Toast  <b>Lunch</b> Riblet with Sauce, Baby Carrots, Baked Beans  <b>Dinner</b> Lasagna &amp; California Blend</p>	<p><b>10 Breakfast</b> Cream of Rice, French Toast, Sausage  <b>Lunch</b> Baked Fish w/Lemon, Baked Potato, Green Beans  <b>Dinner</b> Hot Turkey Sandwich, Squash, Cranberry Sauce</p>	<p><b>11 Breakfast</b> Maypo, Cheesy Egg Scramble, White Toast  <b>Lunch</b> Pork Pie, Corn  <b>Dinner</b> Fish Nuggets, Tater Tots, Coleslaw</p>	<p><b>12 Breakfast</b> Cream of Wheat, Egg Soufflé, Cranberry Muffin  <b>Lunch</b> Beef Stroganoff over Egg Noodles, Brussel Sprouts  <b>Dinner</b> Chicken Piccata,  <i>Capri Vegetable &amp; Cheese</i></p>
<p><b>13 Breakfast</b> Oatmeal, Waffle, Bacon  <b>Lunch</b> Shepherd's Pie, Mixed Vegetables, Corn Muffin  <b>Dinner</b> Chicken Alfredo Tortellini, Broccoli</p>	<p><b>14 Breakfast</b> Cream of Wheat, French Toast and Sausage  <b>Lunch</b> Roast Pork, Braised Red Cabbage, Scalloped Potatoes  <b>Dinner</b> Chicken Pot Pie, Butternut Squash</p>	<p><b>15 Breakfast</b> Oatmeal, Scrambled Eggs, Hash Brown Potatoes  <b>Lunch</b> Stuffed Cabbage, Mixed Vegetables, Mashed Potato  <b>Dinner</b> Macaroni &amp; Cheese</p>	<p><b>16 Breakfast</b> Banana, Cream of Rice, French Toast, Bacon  <b>Lunch</b> Roast Turkey Dinner, Butternut Squash, Mashed Potato, Stuffing, Cranberry Sauce  <b>Dinner</b> Beef Stew &amp; a Biscuit</p>	<p><b>17 Breakfast</b> Western Haystack Eggs, Maypo, Wheat Toast  <b>Lunch</b> Baked Haddock, Rice, Glazed Carrots  <b>Dinner</b> Beef Tomato Cavatappi, Zucchini</p>	<p><b>18 Breakfast</b> Cream of Wheat, Scrambled Eggs, Blueberry Coffee Cake  <b>Lunch</b> Chicken Tenders, Green beans, Garlic Mashed Potatoes  <b>Dinner</b> Shrimp Scampi, Penne Pasta, Mixed Vegetable</p>	<p><b>19 Breakfast</b> Oatmeal, Pancake, Sausage  <b>Lunch</b> Stuffed Shells, Garlic Toast &amp; Italian Blend  <b>Dinner</b> Meatloaf with Gravy, Broccoli, Red Skin Potatoes</p>
<p><b>20 Breakfast</b> Oatmeal, French Toast &amp; Sausage  <b>Lunch</b> Honey Ginger Pork, Green Beans, Mashed Potatoes  <b>Dinner</b> Seafood Oscar, Asparagus, Rice Pilaf</p>	<p><b>21 Breakfast</b> Maypo, Hard Boiled Egg, Bran Muffin  <b>Lunch</b> Mediterranean Chicken Piccata, Zucchini, Rice Pilaf  <b>Dinner</b> Beef Stroganoff, Bow Tie Pasta, Beets</p>	<p><b>22 Breakfast</b> Cream of Wheat, Cheesy Egg Scramble, Hash Brown  <b>Lunch</b> Salisbury Steak, Italian Green Beans, Mashed Potato  <b>Dinner</b> Chicken Cacciatore, Fettuccini, Zucchini</p>	<p><b>23 Breakfast</b> Oatmeal, Blueberry Pancakes, Sausage  <b>Lunch</b> Sloppy Joe on a bun, Corn  <b>Dinner</b> Chicken Biscuit Casserole</p>	<p><b>24 Breakfast</b> Cream of Rice, Scrambled Egg, Danish Pastry  <b>Lunch</b> Baked Haddock, Spinach, Sweet Potatoes, Roll  <b>Dinner</b> Beef Stew, Beets, Dinner Roll</p>	<p><b>25 Breakfast</b> Oatmeal, Pancake with Berry Sauce, Toast  <b>Lunch</b> Hot Dog in a bun, Coleslaw, Baked beans  <b>Dinner</b> Chicken Parmesan, Orzo, Italian Blend Vegetables</p>	<p><b>26 Breakfast</b> Cream of Wheat, Waffles, Sausage  <b>Lunch</b> Ham Steak, Cauliflower, Sweet Potatoes  <b>Dinner</b> Chicken Tenders, Veg of The Day, Rice</p>
<p><b>27 Breakfast</b> Oatmeal Ham and Cheese Quiche  <b>Lunch</b> Swedish Meatballs, Egg Noodles, Broccoli  <b>Dinner</b> Italian Sausage, Potatoes O'Brien, Carrots</p>	<p><b>28 Breakfast</b> Banana, Cream of Rice, Blueberry Pancakes, Sausage  <b>Lunch</b> Roast Pork w/Dijon Cream Sauce, Sweet Potatoes, Veggies  <b>Dinner</b> Spaghetti w/Meatballs, Red Sauce, Spinach</p>	<p><b>29 Breakfast</b> Maypo, Scrambled Eggs, Toast, Bacon  <b>Lunch</b> Chicken Supreme, Mixed Vegetable, Baked Potato  <b>Dinner</b> Stuffed Peppers, Wax Beans, Mashed Potatoes</p>	<p><b>30 Breakfast</b> Cream of Wheat, Egg Soufflé, Coffee Cake  <b>Lunch</b> Beef Tips, Green Beans, Baked Potato  <b>Dinner</b> Rosemary Pork, Roasted Squash, Mashed Potato</p>	<p><b>31 Breakfast</b> Oatmeal, French Toast, Sausage  <b>Lunch</b> Baked Fish w/Lemon, Asparagus, Oven Browned Potatoes  <b>Dinner</b> Meatloaf with Gravy, Scalloped Potatoes, Vegetable Medley</p>		