

MAY 2023 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>1 Breakfast Oatmeal, Western Scrambled Eggs, Toast Lunch Meatloaf w/Gravy, Mashed Potatoes, Baby Carrots Dinner Chicken Pot Pie Winter Blend Vegetables</p>	<p>2 Breakfast Cream of Wheat, Pancake, Bacon, Maple Syrup Lunch Corned Beef and Cabbage Dinner, Turnips, Carrots, Boiled Potatoes Dinner Macaroni & Cheese, Capri Vegetable</p>	<p>3 Breakfast Mayo, Egg & Cheese Croissant Lunch Chicken Cacciatore, Zucchini, Spaghetti, Garlic Bread Dinner Roast Pork, Beets, Rice</p>	<p>4 Breakfast Banana, Oatmeal, Scrambled Egg, Toast Lunch Riblet with Sauce, Baby Carrots, Baked Beans Dinner Lasagna & California Blend</p>	<p>5 Breakfast Cream of Rice, French Toast, Sausage Lunch Baked Fish w/Lemon, Baked Potato, Green Beans Dinner Hot Turkey Sandwich, Squash, Cranberry Sauce</p>	<p>6 Breakfast Mayo, Cheesy Egg Scramble, White Toast Lunch Pork Pie, Corn Dinner Fish Nuggets, Tater Tots, Coleslaw</p>	<p>7 Breakfast Cream of Wheat, Egg Soufflé, Cranberry Muffin Lunch Beef Stroganoff over Egg Noodles, Brussel Sprouts Dinner Chicken Piccata, Garlic Spinach & Orzo</p>
<p>8 Breakfast Oatmeal, Waffle, Bacon Lunch Shepherd's Pie, Mixed Vegetables, Corn Muffin Dinner Chicken Alfredo Tortellini, Broccoli</p>	<p>9 Breakfast Cream of Wheat, French Toast and Sausage Lunch Roast Pork, Braised Red Cabbage, Scalloped Potatoes Dinner Chicken Pot Pie, Butternut Squash</p>	<p>10 Breakfast Oatmeal, Scrambled Eggs, Hash Brown Potatoes Lunch Stuffed Cabbage, Mixed Vegetables, Mashed Potato Dinner Macaroni & Cheese</p>	<p>11 Breakfast Banana, Cream of Rice, French Toast, Bacon Lunch Roast Turkey Dinner, Butternut Squash, Mashed Potato, Stuffing, Cranberry Sauce Dinner Beef Stew & a Biscuit</p>	<p>12 Breakfast Western Haystack Eggs, Mayo, Wheat Toast Lunch Baked Haddock, Rice, Glazed Carrots Dinner Beef Tomato Cavatappi, Zucchini</p>	<p>13 Breakfast Cream of Wheat, Scrambled Eggs, Blueberry Coffee Cake Lunch Chicken Tenders, Green beans, Garlic Mashed Potatoes Dinner Shrimp Scampi, Penne Pasta, Mixed Vegetable</p>	<p>14 Breakfast Oatmeal, Pancake, Sausage Lunch Stuffed Shells, Garlic Toast & Italian Blend Dinner Meatloaf with Gravy, Broccoli, Red Skin Potatoes</p>
<p>15 Breakfast Oatmeal, French Toast & Sausage Lunch Honey Ginger Pork, Green Beans, Mashed Potatoes Dinner Seafood Oscar, Asparagus, Rice Pilaf</p>	<p>16 Breakfast Mayo, Hard Boiled Egg, Bran Muffin Lunch Mediterranean Chicken Piccata, Zucchini, Rice Pilaf Dinner Beef Stroganoff, Bow Tie Pasta, Beets</p>	<p>17 Breakfast Cream of Wheat, Cheesy Egg Scramble, Hash Brown Lunch Salisbury Steak, Italian Green Beans, Mashed Potato Dinner Chicken Cacciatore, Fettucini</p>	<p>18 Breakfast Oatmeal, Blueberry Pancakes, Sausage Lunch Sloppy Joe on a bun, Corn Dinner Chicken Biscuit Casserole</p>	<p>19 Breakfast Cream of Rice, Scrambled Egg, Danish Pastry Lunch Baked Haddock, Spinach, Sweet Potatoes, Roll Dinner Beef Stew, Beets, Dinner Roll</p>	<p>20 Breakfast Oatmeal, Pancake with Berry Sauce, Toast Lunch Hot Dog in a bun, Coleslaw, Baked beans Dinner Chicken Parmesan, Orzo, Italian Blend Vegetables</p>	<p>21 Breakfast Cream of Wheat, Waffles, Sausage Lunch Ham Steak, Cauliflower, Sweet Potatoes Dinner Chicken Tenders, Veg of The Day, Rice</p>
<p>22 Breakfast Oatmeal, Pancake, Bacon Lunch Shepherd's Pie, Corn Muffin Dinner Tuna Salad Plate, Lettuce & Tomato, Super Slaw, Roll</p>	<p>23 Breakfast Honeydew Melon, Cream of Wheat, Hard Boiled Egg, Donut Lunch Lemon Chicken, Oven Browned Potatoes, Mixed Vegetable Dinner Haddock Florentine, Carrots, Mashed Potato</p>	<p>24 Breakfast Oatmeal, Western Soufflé, Hash Brown Potatoes Lunch Hamburger or Cheeseburger, Peppers & Onions, Bowtie Pasta Salad Dinner Sweet & Sour Pork, Asian Vegetables, Brown Rice</p>	<p>25 Breakfast Banana, Cream of Rice, French Toast, Bacon Lunch Roast Turkey Dinner, Butternut Squash, Mashed Potato, Stuffing, Cranberry Sauce Dinner Chicken Salad In A Hot Dog Roll, Watermelon Feta Salad, Potato Salad</p>	<p>26 Breakfast Mayo, Ham & Cheese Egg Croissant Lunch Baked Haddock, Rice Pilaf, Broccoli Dinner Macaroni & Cheese, Stewed Tomatoes</p>	<p>27 Breakfast Cream of Wheat, Cheesy Scramble, Toast Lunch Hot Dogs, Baked Beans, Coleslaw, Brown Bread Dinner Seafood Salad On A Bed Of Lettuce, Asparagus Tomato Salad, Potato Salad</p>	<p>28 Breakfast Oatmeal, Pancake, Sausage Lunch Braised Pot Roast, Baked Potato, Green Beans Dinner Chicken Teriyaki, Jasmine Rice, Asian Vegetables</p>
<p>29 Breakfast Cream of Rice, Vegetable Soufflé, Hash Browns Lunch Chicken ala King, Biscuit Dinner Stuffed Cabbage, Scalloped Potatoes</p>	<p>30 Breakfast Mayo, Egg Scramble, English Muffin Lunch Chicken Parmesan w/Penne Pasta, Italian Vegetables, Bread Stick Dinner Ham Salad Sandwich, Tater Tots, Watermelon</p>	<p>31 Breakfast Oatmeal, Pancakes w/Strawberry Topping Lunch Beef Tips, Spinach Salad, Whole Wheat Pasta Salad Dinner Shrimp Fajita over Rice with Peppers & Onions</p>				