

JUNE 2022 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 Breakfast Oatmeal, Hash Brown Potatoes, Hard Boiled Egg Lunch BBQ Beef, Tangy Creamy Potato Salad, Superslaw Dinner Broccoli Cheddar Quiche, Fruit	2 Breakfast Cream of Wheat, French Toast, Bacon Lunch Roast Pork with Gravy, Prince Edward Blend Vegetables, Mashed Potatoes Dinner Chicken Tempora, Brown Rice, Vegetable	3 Breakfast Mayo, Bacon & Cheese Quiche Lunch Baked Haddock, Italian Blend Vegetables, Sweet Potato Dinner Meatloaf w/Gravy, Mashed Potatoes, Vegetable of the Day	4 Breakfast Oatmeal, Pancakes Lunch Hot Dog in a Roll, Baked Beans, Pickled Beets Dinner Lemon Sage Chicken Thighs, Baby Carrots, Parsley Potatoes	5 Breakfast Cream of Rice, Cheesy Egg Scramble, Toast Lunch Marinated Flank Steak, Brussel Sprouts, Couscous Dinner Macaroni & Cheese, Spanish Green
6 Breakfast Oatmeal, Pancake, Bacon Lunch Shepherd's Pie, Corn Muffin Dinner Tuna Salad Plate, Lettuce & Tomato, Super Slaw,	7 Breakfast Honeydew Melon, Cream of Wheat, Hard Boiled Egg, Donut Lunch Lemon Chicken, Oven Browned Potatoes, Asparagus Dinner Haddock Mornay with Spinach	8 Breakfast Oatmeal, Western Soufflé, Hash Brown Potatoes Lunch Hamburger or Cheeseburger, Peppers & Onions, Pasta Salad Dinner Sweet & Sour Pork, Asian Vegetables, Brown Rice	9 Breakfast Banana, Cream of Rice, French Toast, Bacon Lunch Roast Turkey Dinner, Butternut Squash, Mashed Potato, Stuffing Dinner Chicken Salad In A Hot Dog Roll, Watermelon Feta Salad, Potato Salad	10 Breakfast Mayo, Ham & Cheese Egg Croissant Lunch Baked Haddock, Rice Pilaf, Broccoli Dinner Macaroni & Cheese, Stewed Tomatoes	11 Breakfast Cream of Wheat, Cheesy Scramble, Toast Lunch Hot Dogs, Baked Beans, Coleslaw, Brown Bread Dinner Seafood Salad On A Bed Of Lettuce, Asparagus Tomato Salad, Potato Salad	12 Breakfast Oatmeal, Pancake, Sausage Lunch Braised Pot Roast, Baked Potato, Green Beans Dinner Chicken Teriyaki, Jasmine Rice, Asian Vegetables
13 Breakfast Cream of Rice, Vegetable Soufflé, Hash Browns Lunch Chicken ala King, Rice Pilaf Dinner Stuffed Cabbage, Scalloped Potatoes	14 Breakfast Mayo, Egg Scramble, English Muffin Lunch Chicken Parmesan w/Penne Pasta, Italian Vegetables, Bread Stick Dinner Ham Salad Sandwich, Tater Tots, Watermelon	15 Breakfast Oatmeal, Pancakes w/Strawberry Topping Lunch Beef Tips, Spinach Salad, Whole Wheat Pasta Salad Dinner Shrimp Fajita over Rice w/ Peppers & Onions	16 Breakfast Cream of Wheat, Scrambled Egg, Toast Lunch Meatloaf w/ Gravy, Mashed Potato, Green Beans Dinner BBQ Turkey Tips, Brown Rice, Cauliflower	17 Breakfast Oatmeal, Fried Egg, Corned Beef Hash, Toast Lunch Baked Haddock, Rice Pilaf, California Vegetables Dinner Orange Chicken, Brown Rice, Oriental Vegetables	18 Breakfast Cream of Rice, Pepper & Onion Scramble, Croissant Lunch Macaroni & Cheese, Stewed Tomatoes Dinner Garlic Ginger Pork, Green Beans, Lo Mein	19 Breakfast Mayo, Pumpkin Pancakes, Sausage Lunch Greek Chicken w/Lemon, Oregano & Black Olives, Barley Pilaf, Green Beans w/Red Peppers Dinner Pasta with Meat Sauce, Garlic Bread, Zucchini
20 Breakfast Oatmeal, Cheesy Scramble, Toast Lunch Jerk Chicken, Roasted Brussel Sprouts, Mashed Potatoes Dinner Pepperoni Pizza, Honeydew Cucumber Salad	21 Breakfast Mandarin Orange, Cream of Wheat, Hay Stack Eggs Lunch Shepherd's Pie, Zucchini Dinner Chicken Fingers, Tater Tots, New Brunswick Vegetables	22 Breakfast Mayo, Pancakes & Syrup, Bacon Lunch Italian Sausage, Couscous Salad, Watermelon Dinner Cheese Ravioli w/Tomato Sauce, Roasted Eggplant	23 Breakfast Banana, Oatmeal, Vegetable Quiche Lunch Creole Meatballs Rice Pilaf, Green Beans Dinner Chicken Parmesan Sandwich, Sweet Potato Tots	24 Breakfast Cream of Rice, Pancakes w/Apple Compote, Sausage Lunch Baked Haddock, Asparagus, Baked Potato Dinner Pizza, Cucumber Salad	25 Breakfast Watermelon, Cream of Wheat, Cheesy Scramble Lunch Turkey Vegetable Casserole, Baked Sweet Potato Dinner Egg Salad Sandwich, Lettuce & Tomato, Cous Cous Salad	26 Breakfast Oatmeal, Egg & Vegetable Soufflé, Toast Lunch Roast Pork w/ Apple Sauce, Red Skin Potatoes, Carrots, Applesauce Dinner Chicken Tenders, Tater Tots, Marinated Vegetables
27 Breakfast Mayo, Banana Pancakes, Bacon Lunch Chicken Marsala, Oven Browned Potatoes, Green Beans Dinner Pasta Alfredo w/Cheese, Italian Blend Vegetables, Garlic Bread	28 Breakfast Cream of Rice, Scrambled Egg w/Baked Ham Lunch Stuffed Cabbage, Mashed Potatoes Dinner Roast Turkey on Toast Points w/Gravy, Squash, Cranberry Sauce	29 Breakfast Oatmeal, Hash Brown Potatoes, Hard Boiled Egg Lunch BBQ Beef, Tangy Creamy Potato Salad, Superslaw Dinner Broccoli Cheddar Quiche, Fruit Salad	30 Breakfast Cream of Wheat, French Toast, Bacon Lunch Roast Pork with Gravy, Prince Edward Blend Vegetables, Mashed Potatoes Dinner Chicken Tempora, Brown Rice, Vegetable Blend			