




# APRIL MENU 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1 Breakfast</b> Oatmeal, Western Scrambled Eggs, Toast <b>Lunch</b> Meatloaf w/Gravy, Mashed Potatoes, Baby Carrots <b>Dinner</b> Quiche Lorraine, Fruit Salad	<b>2 Breakfast</b> Cream of Wheat, Waffle, Bacon, Maple Syrup <b>Lunch</b> Corned Beef and Cabbage Dinner, Turnips, Carrots, Boiled Potatoes <b>Dinner</b> Macaroni & Cheese, Capri Vegetable	<b>3 Breakfast</b> Mayo, Egg & Cheese Croissant <b>Lunch</b> Chicken Cacciatore, Zucchini, Spaghetti, Garlic Bread <b>Dinner</b> Roast Pork, Beets, Rice	<b>4 Breakfast</b> Oatmeal, Scrambled Egg, Toast <b>Lunch</b> Baked Ham w/Raisin Sauce, Baby Carrots, Baked Beans <b>Dinner</b> Beef Roulade, Broccoli, Mashed Potato	<b>5 Breakfast</b> Cream of Rice, French Toast, Sausage <b>Lunch</b> Baked Fish w/Lemon, Baked Potato, Green Beans <b>Dinner</b> Hot Turkey Sandwich, Squash, Cranberry Sauce	<b>6 Breakfast</b> Mayo, Cheesy Egg Scramble, White Toast <b>Lunch</b> Pork Pie, Corn <b>Dinner</b> Hot Roast Beef Sandwich, California Vegetables, Sweet Potato	<b>7 Breakfast</b> Cream of Wheat, Egg Soufflé, Cranberry Muffin <b>Lunch</b> Beef Stroganoff over Egg Noodles, Brussel Sprouts <b>Dinner</b> Chicken Marsala, Sautéed Mushrooms, Garlic Mashed Potato
<b>8 Breakfast</b> Oatmeal, Waffle, Bacon <b>Lunch</b> Shepherd's Pie, California Mixed Vegetables, Corn Muffin <b>Dinner</b> Sesame Chicken, Broccoli, Brown Rice	<b>9 Breakfast</b> Cream of Wheat, French Toast & Sausage, Maple Syrup <b>Lunch</b> Roast Pork, Braised Red Cabbage, Scalloped Potatoes <b>Dinner</b> Chicken Pot Pie, Spinach	<b>10 Breakfast</b> Oatmeal, Scrambled Eggs, Hash Brown Potatoes <b>Lunch</b> Stuffed Cabbage, Mixed Vegetable, Mashed Potato <b>Dinner</b> Macaroni & Cheese, Stewed Tomatoes	<b>11 Breakfast</b> Banana, Cream of Rice, French Toast, Apple Compote, Bacon, Maple Syrup <b>Lunch</b> Roast Turkey, Butternut Squash, Mashed Potatoes, Stuffing and Cranberry Sauce <b>Dinner</b> Beef Teriyaki, Rice, Asian Vegetable	<b>12 Breakfast</b> Western Haystack Eggs, Mayo, Wheat Toast <b>Lunch</b> Baked Haddock, Rice, Glazed Carrots <b>Dinner</b> Beef Tomato Cavatappi, Zucchini	<b>13 Breakfast</b> Cream of Wheat, Scrambled Eggs, Blueberry Coffee Cake <b>Lunch</b> Chicken Tenders, Corn, Garlic Mashed Potatoes <b>Dinner</b> Shrimp Scampi, Penne Pasta, Mixed Vegetable	<b>14 Breakfast</b> Oatmeal, Pumpkin Pancake, Sausage <b>Lunch</b> Veal Cutlet w/Gravy, Garlic Mashed Potatoes, Carrots <b>Dinner</b> Meatloaf w/Gravy, Broccoli, Red Skin Potatoes
<b>15 Breakfast</b> Oatmeal, French Toast & Bacon, Maple Syrup <b>Lunch</b> Beef Tips, Sautéed Mushrooms, Mashed Potatoes <b>Dinner</b> Ravioli w/Sauce, Asparagus	<b>16 Breakfast</b> Mayo, Hard Boiled Egg, Bran Muffin <b>Lunch</b> Mediterranean Chicken Picatta, Zucchini, Rice Pilaf <b>Dinner</b> Beef Stroganoff, Casserole, Beets	<b>17 Breakfast</b> Cream of Wheat, Cheesy Egg Scramble, Hash Browns <b>Lunch</b> Roast Pork Loin, Carrots, Mashed Potato, Gravy <b>Dinner</b> Chicken Saltimbocca, Broccoli, Mashed Potato	<b>18 Breakfast</b> Banana, Oatmeal, Blueberry Pancakes, Maple Syrup, Sausage <b>Lunch</b> Sloppy Joe on a Bun, Corn <b>Dinner</b> Cranberry Glazed Turkey, Brussel Sprouts, Stuffing & Gravy	<b>19 Breakfast</b> Cream of Rice, Scrambled Egg, Danish Pastry <b>Lunch</b> Baked Haddock, Spinach, Sweet Potatoes, Roll <b>Dinner</b> Beef Stew, Beets, Dinner Roll	<b>20 Breakfast</b> Oatmeal, Pancake w/Berry Sauce, Toast <b>Lunch</b> Kielbasa, Mashed Potato, Sauerkraut <b>Dinner</b> Chicken Bruschetta w/Balsamic Glaze, Green Beans, Vegetable Rice Pilaf	<b>21</b> <b>HAPPY EASTER BUFFET</b> <b>11:00 &amp; 12:30</b> 
<b>22 Breakfast</b> Oatmeal, Ham & Cheese Quiche <b>Lunch</b> Seafood Newburg, Broccoli, Rice Pilaf, Roll <b>Dinner</b> Pepper Steak, White Rice, Oriental Vegetables	<b>23 Breakfast</b> Banana, Cream of Rice, Blueberry Pancakes, Maple Syrup, Sausage <b>Lunch</b> Roast Pork w/Dijon Cream Sauce, Sweet Potatoes, Cape Cod Vegetables <b>Dinner</b> Spaghetti w/Meatballs & Red Sauce, Spinach	<b>24 Breakfast</b> Mayo, Scrambled Eggs, Toast, Bacon <b>Lunch</b> Chicken Supreme, Mixed Vegetable, Twice Baked Potato <b>Dinner</b> Stuffed Peppers, Wax Beans, Mashed Potatoes	<b>25 Breakfast</b> Cream of Wheat, Egg Soufflé, Coffee Cake <b>Lunch</b> Beef Tips w/Mushroom Gravy, Green Beans, Baked Potato <b>Dinner</b> Turkey a la King over Biscuit, Carrots	<b>26 Breakfast</b> Cream of Rice, French Toast, Sausage <b>Lunch</b> Baked Fish w/Lemon, Baked Potato, Green Beans <b>Dinner</b> Hot Turkey Sandwich, Squash, Cranberry Sauce	<b>27 Breakfast</b> Mayo, Cheesy Egg Scramble, White Toast <b>Lunch</b> Pork Pie, Corn <b>Dinner</b> Hot Roast Beef Sandwich, California Vegetables, Sweet Potato	<b>28 Breakfast</b> Cream of Wheat, Egg Soufflé, Cranberry Muffin <b>Lunch</b> Beef Stroganoff over Egg Noodles, Brussel Sprouts <b>Dinner</b> Chicken Marsala, Sautéed Mushrooms, Garlic Mashed Potato
<b>29 Breakfast</b> Oatmeal, Western Scrambled Eggs, Toast <b>Lunch</b> Meatloaf w/Gravy, Mashed Potatoes, Baby Carrots <b>Dinner</b> Quiche Lorraine, Fruit Salad	<b>30 Breakfast</b> Cream of Wheat, Waffle, Bacon, Maple Syrup <b>Lunch</b> Corned Beef and Cabbage Dinner, Turnips, Carrots, Boiled Potatoes <b>Dinner</b> Macaroni & Cheese, Capri Vegetable		