



Memory Care Unit

Daily Schedule

Breakfast

Morning Greetings

Music and Movement

Morning Groups

Lunch

Afternoon Groups

Supper

Independent Leisure Opportunities:




Books - large print, picture, magazines.

Puzzles - crosswords, word search, jigsaw.

Coloring and Drawing
Music and Movies

All Activities Subject to Change Without Notice

January 2021

 Three Kings Day 3	4	 National Bird Day 5	6	Coffee Cart 7 The Daily News Word Games Family Video Calls (By Appointment) Manicures and Hand Massages	8	9
Coffee Cart Creative Coloring Sunday Show Time	Coffee Cart The Daily News Jokes For Folks Afternoon Social Arm Chair Travel	Coffee Cart The Daily News Magazine Mania Family Video Calls (By Appointment) Reminisce Video	Coffee Cart The Daily News Rummage Boxes Songs and Scriptures Video Afternoon Social	Coffee Cart The Daily News Word Games Family Video Calls (By Appointment) Manicures and Hand Massages	Coffee Cart The Daily News Picture Books Video Concert Snack Cart Deliveries	Coffee Cart Trivia Old Time Television
Houseplant Appreciation 10 Day	11	National Hot Tea Day 12	13	Coffee Cart 14 The Daily News Word Games Family Video Calls (By Appointment) Manicures and Hand Massages	National Hat Day 15	16
Coffee Cart Creative Coloring Sunday Show Time	Coffee Cart The Daily News Jokes For Folks Afternoon Social Arm Chair Travel	Coffee Cart The Daily News Magazine Mania Family Video Calls (By Appointment) Reminisce Video	Coffee Cart The Daily News Rummage Boxes Songs and Scriptures Video Afternoon Social	Coffee Cart The Daily News Word Games Family Video Calls (By Appointment) Manicures and Hand Massages	Coffee Cart The Daily News Picture Books Video Concert Snack Cart Deliveries	Coffee Cart Trivia Old Time Television
17	Martin Luther King Jr. Day 18	19	Penguin Awareness Day 20	Coffee Cart 21 The Daily News Word Games Family Video Calls (By Appointment) Manicures and Hand Massages	22	National Pie Day 23
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Compliment Day 24	25	26	27	28	National Puzzle Day 29	30
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