## JUNE MENU 2021

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 Breakfast Maypo, Egg Scramble, English Muffin <br> Lunch Chicken Parmesan w/Penne Pasta, Italian Vegetables, Bread Stick Dinner Ham Salad Sandwich, Tater Tots, Cole Slaw, Watermelon | 2 Breakfast Oatmeal, <br> Pancakes w/Strawberry Topping Lunch Beef Tips, Spinach Salad, Whole Wheat Pasta Salad Dinner Shrimp Scampi, Broccoli, Fettuccine | 3 Breakfast Cream of Wheat, Scrambled Egg, Toast Lunch Meatloaf w/ Gravy, Mashed Potato, Green Beans Dinner BBQ Turkey Tips, Brown Rice, Cauliflower | 4 Breakfast Oatmeal, Fried Egg, Corned Beef Hash, Toast <br> Lunch Baked Haddock, Rice Pilaf, California Vegetables <br> Dinner Orange Chicken, Vegetable Lo Mein, Oriental Vegetables | 5 Breakfast Cream of Rice, Pepper \& Onion Scramble, Croissant Lunch Macaroni \& Cheese, Stewed Tomatoes Dinner Mexican Lasagna, Green Beans | 6 Breakfast Maypo, Pumpkin Pancakes, Sausage <br> Lunch Greek Chicken, Barley Pilaf, Green Beans w/Red Peppers Dinner Ziti Casserole w/Cheese \& Ground Beef, Garlic Bread, Zucchini |
| 7 Breakfast Oatmeal, Cheesy Scramble, Toast <br> Lunch Tuscan Roasted <br> Turkey, Roasted <br> Brussel Sprouts, <br> Mashed Potatoes <br> Dinner Jerk Chicken, <br> Succotash Rice | 8 Breakfast Mandarin Orange, Cream of Wheat, Hay Stack Eggs Lunch Shepherd's Pie, Zucchini <br> Dinner Chicken Fingers, Tater Tots, New Brunswick Vegetables | 9 Breakfast Maypo, Pancakes \& Syrup, Bacon Lunch Italian Sausage, Couscous Salad, Watermelon Dinner Cheese Ravioli w/Tomato Sauce, Roasted Eaaplant | 10 Breakfast Banana, Oatmeal, Vegetable Quiche Lunch Creole Meatballs Rice Pilaf, Green Beans Dinner Chicken Tortilla Casserole, Summer Squash | 11 Breakfast Cream of Rice, Pancakes w/Apple Compote, Sausage <br> Lunch Baked Haddock, Asparagus, Baked Potato Dinner Pizza, Cucumber Salad | 12 Breakfast Watermelon, Cream of Wheat, Egg and Cheese Croissant Lunch Turkey Florentine w/Supreme Sauce, Baked Sweet Potato Dinner Egg Salad Sandwich, Lettuce \& Tomato, Cous Cous Salad | 13 Breakfast Watermelon, Cream of Wheat, Egg and Cheese Croissant Lunch Turkey Florentine w/Supreme Sauce, Baked Sweet Potato Dinner Egg Salad Sandwich, Lettuce \& Tomato, Cous Cous Salad |
| 14 Breakfast Maypo, Banana Pancakes, Bacon Lunch Chicken Marsala, Oven Browned Potatoes, Green Beans Dinner Pasta Alfredo w/Cheese, Italian Blend Vegetables, Garlic Bread | 15 Breakfast Cream of Rice, Scrambled Egg w/Baked Ham Lunch Stuffed Cabbage, Mashed Potatoes Dinner Roast Turkey on Toast Points w/Gravy, Squash, Cranberry Sauce | 16 Breakfast Oatmeal, Hash Brown Potatoes, Hard Boiled Egg Lunch BBQ Beef, <br> Tangy Creamy Potato Salad, Superslaw Dinner Broccoli Cheddar Quiche, Fruit Salad | 17 Breakfast Cream of Wheat, French Toast, Bacon <br> Lunch Veal Milanese, Prince Edward Blend Vegetables, Mashed Potatoes <br> Dinner Chicken Tempura, Brown Rice, Vegetable Blend | 18 Breakfast Maypo, Bacon \& Cheese Quiche Lunch Baked Haddock, Italian Blend <br> Vegetables, Sweet Potato <br> Dinner Meatloaf w/Gravy, Mashed Potatoes, Vegetable of the Day | 19 Breakfast Oatmeal, <br> Pancakes <br> Lunch Hot Dog in a Roll, Baked Beans, Pickled Beets Dinner Lemon Sage Chicken Thighs, Baby Carrots, Parsley Potatoes | 20 Breakfast Cream of Rice, Cheesy Egg Scramble, Toast Lunch London Broil, Brussel Sprouts, Couscous Dinner Macaroni \& Cheese, Spanish Green Beans <br> Happy Father's Day! |
| 21 Breakfast Oatmeal, Pancake, Bacon Lunch Shepherd's Pie, Corn Muffin Dinner Tuna Salad Plate, Lettuce \& Tomato, Super Slaw, Roll | 22 Breakfast Honeydew <br> Melon, Cream of Wheat, Hard Boiled Egg, Donut Lunch Lemon Chicken, Oven Browned Potatoes, Asparagus Dinner Haddock Florentine, Carrots | 23 Breakfast Oatmeal, Western Soufflé, Hash Brown Potatoes Lunch Hamburger or Cheeseburger, Peppers \& Onions, Bowtie Pasta Salad <br> Dinner Sweet \& Sour Pork, Asian Vegetables, Brown Rice | 24 Breakfast Banana, Cream of Rice, French Toast, Bacon <br> Lunch Roast Turkey Dinner, Butternut Squash, Mashed Potato, Stuffing, Cranberry Sauce Dinner Chicken Salad In A Hot Dog Roll, Watermelon Feta Salad, Potato Salad | 25 Breakfast Maypo, Ham \& Cheese Egg Croissant Lunch Baked Haddock, Rice Pilaf, Broccoli Dinner Macaroni \& Cheese, Stewed Tomatoes | 26 Breakfast Cream of Wheat, Cheesy Scramble, Toast <br> Lunch Hot Dogs, Baked Beans, Coleslaw, Brown Bread <br> Dinner Seafood Salad On A Bed Of Lettuce, Asparagus Tomato Salad, Potato Salad | 27 Breakfast Oatmeal, <br> Pancake, Sausage Lunch Braised Pot Roast, Baked Potato, Green Beans Dinner Chicken Teriyaki, Jasmine Rice, Asian Vegetables |
| 28 Breakfast Cream of Rice, Vegetable Soufflé, Hash Browns Lunch Chicken ala King, Rice Pilaf Dinner Stuffed Cabbage, Scalloped Potatoes | 29 Breakfast Maypo, <br> Egg Scramble, English Muffin <br> Lunch Chicken <br> Parmesan w/Penne <br> Pasta, Italian <br> Vegetables, Bread Stick <br> Dinner Ham Salad <br> Sandwich, Tater Tots, Cole Slaw, Watermelon | 30 Breakfast Oatmeal, <br> Pancakes w/Strawberry Topping Lunch Beef Tips, Spinach Salad, Whole Wheat Pasta Salad Dinner Shrimp Scampi, Broccoli, Fettuccine |  |  |  |  |

