



AUGUST MENU 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1 Breakfast Maypo, Pumpkin Pancakes, Sausage Lunch Greek Chicken, Barley Pilaf, Green Beans w/Red Peppers Dinner Ziti Casserole w/Cheese & Ground Beef, Garlic Bread, Zucchini
2 Breakfast Oatmeal, Cheesy Scramble, Toast Lunch Tuscan Roasted Turkey, Roasted Brussel Sprouts, Mashed Potatoes Dinner Jerk Chicken, Succotash Rice	3 Breakfast Mandarin Orange, Cream of Wheat, Hay Stack Eggs Lunch Shepherd's Pie, Zucchini Dinner Chicken Fingers, Tater Tots, New Brunswick Vegetables	4 Breakfast Maypo, Pancakes & Syrup, Bacon Lunch Italian Sausage, Couscous Salad, Watermelon Dinner Cheese Ravioli w/Tomato Sauce, Roasted Eggplant	5 Breakfast Banana, Oatmeal, Vegetable Quiche Lunch Creole Meatballs Rice Pilaf, Green Beans Dinner Chicken Tortilla Casserole, Summer Squash	6 Breakfast Cream of Rice, Pancake's w/Apple Compote, Sausage Lunch Baked Haddock, Asparagus, Baked Potato Dinner Pizza, Cucumber Salad	7 Breakfast Watermelon, Cream of Wheat, Egg and Cheese Croissant Lunch Turkey Florentine w/Supreme Sauce, Baked Sweet Potato Dinner Egg Salad Sandwich, Lettuce & Tomato, Cous Cous Salad	8 Breakfast Watermelon, Cream of Wheat, Egg and Cheese Croissant Lunch Turkey Florentine w/Supreme Sauce, Baked Sweet Potato Dinner Egg Salad Sandwich, Lettuce & Tomato, Cous Cous Salad
9 Breakfast Maypo, Banana Pancakes, Bacon Lunch Chicken Marsala, Oven Browned Potatoes, Green Beans Dinner Pasta Alfredo w/Cheese, Italian Blend Vegetables, Garlic Bread	10 Breakfast Cream of Rice, Scrambled Egg w/Baked Ham Lunch Stuffed Cabbage, Mashed Potatoes Dinner Roast Turkey on Toast Points w/Gravy, Squash, Cranberry Sauce	11 Breakfast Oatmeal, Hash Brown Potatoes, Hard Boiled Egg Lunch BBQ Beef, Tangy Creamy Potato Salad, Superslaw Dinner Broccoli Cheddar Quiche, Fruit Salad	12 Breakfast Cream of Wheat, French Toast, Bacon Lunch Veal Milanese, Prince Edward Blend Vegetables, Mashed Potatoes Dinner Chicken Tempura, Brown Rice	13 Breakfast Maypo, Bacon & Cheese Quiche Lunch Baked Haddock, Italian Blend Vegetables, Sweet Potato Dinner Meatloaf w/Gravy, Mashed Potatoes, Vegetable of the Day	14 Breakfast Oatmeal, Pancakes Lunch Hot Dog in a Roll, Baked Beans, Pickled Beets Dinner Lemon Sage Chicken Thighs, Baby Carrots, Parsley Potatoes	15 Breakfast Cream of Rice, Cheesy Egg Scramble, Toast Lunch London Broil, Brussel Sprouts, Couscous Dinner Macaroni & Cheese, Spanish Green Beans
16 Breakfast Oatmeal, Pancake, Bacon Lunch Shepherd's Pie, Corn Muffin Dinner Tuna Salad Plate, Lettuce & Tomato, Super Slaw, Roll	17 Breakfast Honeydew Melon, Cream of Wheat, Hard Boiled Egg, Donut Lunch Lemon Chicken, Oven Browned Potatoes, Asparagus Dinner Haddock Florentine, Carrots	18 Breakfast Oatmeal, Western Soufflé, Hash Brown Potatoes Lunch Hamburger or Cheeseburger, Peppers & Onions, Bowtie Pasta Salad Dinner Sweet & Sour Pork, Asian Vegetables, Brown Rice	19 Breakfast Banana, Cream of Rice, French Toast, Bacon Lunch Roast Turkey Dinner, Butternut Squash, Mashed Potato, Stuffing Dinner Chicken Salad In A Hot Dog Roll, Watermelon Feta Salad, Potato Salad	20 Breakfast Maypo, Ham & Cheese Egg Croissant Lunch Baked Haddock, Rice Pilaf, Broccoli Dinner Macaroni & Cheese, Stewed Tomatoes	21 Breakfast Cream of Wheat, Cheesy Scramble Lunch Hot Dogs, Baked Beans,, Brown Bread Dinner Seafood Salad On A Bed Of Lettuce, Asparagus Tomato Salad, Potato Salad	22 Breakfast Oatmeal, Pancake, Sausage Lunch Braised Pot Roast, Baked Potato, Green Beans Dinner Chicken Teriyaki, Jasmine Rice, Asian Vegetables
23 Breakfast Cream of Rice, Vegetable Soufflé, Hash Browns Lunch Chicken ala King, Rice Pilaf Dinner Stuffed Cabbage, Scalloped Potatoes	24 Breakfast Maypo, Egg Scramble, English Muffin Lunch Chicken Parmesan w/Penne Pasta, Italian Vegetables, Bread Stick Dinner Ham Salad Sandwich, Tater Tots, Watermelon	25 Breakfast Oatmeal, Pancake's w/Strawberry Topping Lunch Beef Tips, Spinach Salad, Whole Wheat Pasta Salad Dinner Shrimp Scampi, Broccoli, Fettuccine	26 Breakfast Cream of Wheat, Scrambled Egg, Toast Lunch Meatloaf w/ Gravy, Mashed Potato, Green Beans Dinner BBQ Turkey Tips, Brown Rice, Cauliflower	27 Breakfast Oatmeal, Fried Egg, Corned Beef Hash, Toast Lunch Baked Haddock, Rice Pilaf, California Vegetables Dinner Orange Chicken, Vegetable Lo Mein, Oriental Vegetables	28 Breakfast Cream of Rice, Pepper & Onion Scramble, Croissant Lunch Macaroni & Cheese, Stewed Tomatoes Dinner Mexican Lasagna, Green Beans	29 Breakfast Maypo, Pumpkin Pancakes, Sausage Lunch Greek Chicken, Barley Pilaf, Green Beans w/Red Peppers Dinner Ziti Casserole w/Cheese & Ground Beef, Garlic Bread, Zucchini
30 Breakfast Oatmeal, Cheesy Scramble, Toast Lunch Tuscan Roasted Turkey, Roasted Brussel Sprouts, Mashed Potatoes Dinner Jerk Chicken, Succotash Rice	31 Breakfast Mandarin Orange, Cream of Wheat, Hay Stack Eggs Lunch Shepherd's Pie, Zucchini Dinner Chicken Fingers, Tater Tots, New Brunswick Vegetables					