

MAY 2022 MENU



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Happy Mother's					1 Breakfast Maypo, Waffle with Berry Sauce Lunch Chicken Chasseur, Butternut Squash, Garlic Mashed Potato Dinner Pepperoni Pizza & Zucchini
2 Breakfast Oatmeal, Western Scrambled Eggs, Toast Lunch Meatloaf w/Gravy, Mashed Potatoes, Baby Carrots Dinner Chicken Pot Pie Wax Beans	3 Breakfast Cream of Wheat, Pancake, Bacon, Maple Syrup Lunch Corned Beef and Cabbage Dinner Dinner Macaroni & Cheese, Capri Vegetable	4 Breakfast Maypo, Egg & Cheese Croissant Lunch Chicken Cacciatore, Zucchini, Garlic Bread Dinner Roast Pork, Beets, Rice	5 Breakfast Banana, Oatmeal, Scrambled Egg, Toast Lunch Riblet with Sauce, Baby Carrots, Baked Beans Dinner Lasagna & California Blend	6 Breakfast Cream of Rice, French Toast, Sausage Lunch Baked Fish w/Lemon, Baked Potato, Green Beans Dinner Hot Turkey Sandwich, Squash	7 Breakfast Maypo, Cheesy Egg Scramble, White Toast Lunch Pork Pie, Corn Dinner Fish Nuggets, Tater Tots, Coleslaw	8 Breakfast Cream of Wheat, Egg Soufflé, Cranberry Muffin Lunch Beef Stroganoff over Egg Noodles, Brussel Sprouts Dinner Chicken Piccata, Garlic Spinach & Orzo
9 Breakfast Oatmeal, Pancake, Bacon Lunch Shepherd's Pie, Corn Muffin Dinner Tuna Salad Plate, Lettuce & Tomato, Super Slaw,	10 Breakfast Honeydew Melon, Cream of Wheat, Hard Boiled Egg, Donut Lunch Lemon Chicken, Oven Browned Potatoes, Asparagus Dinner Haddock Mornay with Spinach	11 Breakfast Oatmeal, Western Soufflé, Hash Brown Potatoes Lunch Hamburger or Cheeseburger, Peppers & Onions, Bowtie Pasta Salad Dinner Sweet & Sour Pork, Asian Vegetables, Brown Rice	12 Breakfast Banana, Cream of Rice, French Toast, Bacon Lunch Roast Turkey Dinner, Butternut Squash, Mashed Potato, Stuffing, Cranberry Sauce Dinner Chicken Salad In A Hot Dog Roll, Watermelon Feta Salad, Potato Salad	13 Breakfast Maypo, Ham & Cheese Egg Croissant Lunch Baked Haddock, Rice Pilaf, Broccoli Dinner Macaroni & Cheese, Stewed Tomatoes	14 Breakfast Cream of Wheat, Cheesy Scramble, Toast Lunch Hot Dogs, Baked Beans, Coleslaw, Brown Bread Dinner Seafood Salad On A Bed Of Lettuce. Asparagus	15 Breakfast Oatmeal, Pancake, Sausage Lunch Braised Pot Roast, Baked Potato, Green Beans Dinner Chicken Teriyaki, Jasmine Rice, Asian Vegetables
16 Breakfast Cream of Rice, Vegetable Soufflé, Hash Browns Lunch Chicken ala King, Rice Pilaf Dinner Stuffed Cabbage, Scalloped Potatoes	17 Breakfast Maypo, Egg Scramble, English Muffin Lunch Chicken Parmesan w/Penne Pasta, Italian Vegetables, Bread Stick Dinner Ham Salad Sandwich, Tater Tots, Watermelon	18 Breakfast Oatmeal, Pancakes w/Strawberry Topping Lunch Beef Tips, Spinach Salad, Whole Wheat Pasta Salad Dinner Shrimp Fajita over Rice w/ Peppers & Onions	19 Breakfast Cream of Wheat, Scrambled Egg, Toast Lunch Meatloaf w/ Gravy, Mashed Potato, Green Beans Dinner BBQ Turkey Tips, Brown Rice, Cauliflower	20 Breakfast Oatmeal, Fried Egg, Corned Beef Hash, Toast Lunch Baked Haddock, Rice Pilaf, California Vegetables Dinner Orange Chicken, Brown Rice, Oriental Vegetables	21 Breakfast Cream of Rice, Pepper & Onion Scramble, Croissant Lunch Macaroni & Cheese, Stewed Tomatoes Dinner Garlic Ginger Pork, Green Beans, Lo Mein	22 Breakfast Maypo, Pumpkin Pancakes, Sausage Lunch Greek Chicken w/Lemon, Oregano & Black Olives, Barley Pilaf, Green Beans w/Red Peppers Dinner Pasta with Meat Sauce, Garlic Bread, Zucchini
23 Breakfast Oatmeal, Cheesy Scramble, Toast Lunch Jerk Chicken, Roasted Brussel Sprouts, Mashed Potatoes Dinner Pepperoni Pizza, Honeydew Cucumber Salad	24 Breakfast Mandarin Orange, Cream of Wheat, Hay Stack Eggs Lunch Shepherd's Pie, Zucchini Dinner Chicken Fingers, Tater Tots, New Brunswick Vegetables	25 Breakfast Maypo, Pancakes & Syrup, Bacon Lunch Italian Sausage, Couscous Salad, Watermelon Dinner Cheese Ravioli w/Tomato Sauce, Roasted Eggplant	26 Breakfast Banana, Oatmeal, Vegetable Quiche Lunch Creole Meatballs Rice Pilaf, Green Beans Dinner Chicken Parmesan Sandwich, Sweet Potato Tots	27 Breakfast Cream of Rice, Pancakes w/Apple Compote, Sausage Lunch Baked Haddock, Asparagus, Baked Potato Dinner Pizza, Cucumber Salad	28 Breakfast Watermelon, Cream of Wheat, Egg and Cheese Croissant Lunch Turkey Vegetable Casserole, Baked Sweet Potato Dinner Egg Salad Sandwich, Lettuce & Tomato, Cous Cous Salad	29 Breakfast Oatmeal, Egg & Vegetable Soufflé, Toast Lunch Roast Pork w/ Apple Sauce, Red Skin Potatoes, Carrots, Applesauce Dinner Chicken Tenders, Tater Tots, Marinated Vegetables
30 Breakfast Maypo, Banana Pancakes, Bacon Lunch Chicken Marsala, Oven Browned Potatoes, Green Beans Dinner Pasta Alfredo w/Cheese, Italian Blend Vegetables, Garlic Bread	31 Breakfast Cream of Rice, Scrambled Egg w/Baked Ham Lunch Stuffed Cabbage, Mashed Potatoes Dinner Roast Turkey on Toast Points w/Gravy, Squash, Cranberry Sauce				Happy Mothet s Day	