MARCH 2024 MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | 1 Breakfast Oatmeal, French Toast, Sausage Lunch Baked Fish w/Lemon, Asparagus, Oven Browned Potatoes Dinner Meatloaf with Gravy, Scalloped Potatoes, Mixed Vegetables | 2 Breakfast Cream of Rice, Scrambled Eggs, Banana Muffin Lunch Tortellini Alfredo, Capri Vegetables, Italian Bread <br> Dinner BBQ Chicken Thighs, Mashed Potato, Coleslaw | 3 Breakfast Maypo, Waffle with Berry Sauce Lunch Chicken Chasseur, Butternut Squash, Garlic Mashed Potato Dinner Pepperoni Pizza \& Zucchini |
| 4 Breakfast Oatmeal, Western Scrambled Eggs, Whole Wheat Toast Lunch Meatloaf w/Gravy, Mashed Potatoes, Baby Carrots Dinner Chicken Pot Pie Winter Blend | 5 Breakfast Cream of Wheat, Pancake, Bacon Lunch Corned Beef and Cabbage Dinner, Turnips, Carrots, Boiled Potatoes Dinner Macaroni \& Cheese, Capri Vegetable | 6 Breakfast Maypo, <br> Egg \& Cheese <br> Croissant <br> Lunch Chicken <br> Cacciatore, Zucchini, <br> Spaghetti, Garlic <br> Bread <br> Dinner Roast Pork, <br> Beets, Rice | 7 Breakfast Banana, Oatmeal, Scrambled Egg, White Toast Lunch Boneless Pork Rib, Baby Carrots, Baked Beans Dinner Lasagna \& California Blend Vegetables | 8 Breakfast Cream of Rice, French Toast, Sausage Patty Lunch Baked Fish w/Lemon, Baked Potato, Green Beans Dinner Hot Turkey Sandwich, Squash, Cranberry Sauce | 9 Breakfast Maypo, Cheesy Egg Scramble Lunch Pork Pie and Corn <br> Dinner Pizza and Roasted Vegetables | 10 Breakfast Cream of Wheat, Ham and Cheese Quiche, Cranberry Muffin <br> Lunch Beef Stroganoff over Egg Noodles, Brussel Sprouts Dinner Chicken Piccata, Italian Blend Vegetables |
| 11 Breakfast Oatmeal, Waffle, Bacon Lunch Shepherd's Pie, Mixed Vegetables, Corn Muffin Dinner Chicken Alfredo Tortellini, Broccoli | 12 Breakfast Cream of Wheat, French Toast and Sausage Patty Lunch Roast Pork, Braised Red Cabbage, Scalloped Potatoes Dinner Chicken Pot Pie, Roasted Butternut Squash | 13 Breakfast Oatmeal, Scrambled Eggs, Hash Brown Potatoes Lunch Stuffed Cabbage, Mixed Vegetables, Mashed Potato Dinner Macaroni \& Cheese, Stewed Tomatoes | 14 Breakfast Banana, Cream of Rice, Pumpkin Pancake Bacon Lunch Roast Turkey Dinner, Butternut Squash, Mashed Potato, Stuffing, Cranberry Sauce Dinner Beef Stew \& a Biscuit | 15 Breakfast Western Haystack Eggs, Maypo, Whole Wheat Toast Lunch Baked Haddock, Rice, Glazed Carrots Dinner Beef Tomato Cavatappi, Zucchini | 16 Breakfast Cream of Wheat, Scrambled Eggs, Blueberry Coffee Cake <br> Lunch Chicken Tenders, Green Beans, Garlic Mashed Potato Dinner Shrimp Scampi, Penne Pasta, Mixed Vegetable | 17 Breakfast Oatmeal, Pancake, Sausage Patty Lunch Stuffed Shells, Garlic Bread \& Italian Blend Vegetables Dinner Meatloaf with Gravy, Broccoli, Red Skin Potatoes |
| 18 Breakfast Oatmeal, French Toast \& Sausage Lunch Honey Ginger Pork, Green Beans, Mashed Potatoes Dinner Salmon, Cape Cod Vegetables, Roasted Potatoes | 19 Breakfast Maypo, Hard Boiled Egg, Bran Muffin <br> Lunch Mediterranean <br> Chicken Piccata, Orzo <br> Pasta <br> Dinner Beef Stroganoff, Bow Tie Pasta, Beets | 20 Breakfast Cream of Wheat, Blueberry Pancake, Sausage Lunch Salisbury Steak, Italian Green Beans, Corn Bread Dinner Chicken Cacciatore, Fettuccini, Zucchini | 21 Breakfast Oatmeal, Cheesy Egg Scramble, Hash Browns <br> Lunch Sloppy Joe on a bun, Corn <br> Dinner Chicken Biscuit Casserole, Brussel Sprouts | 22 Breakfast Cream of Rice, Pancake with Strawberry Sauce Lunch Baked Haddock, Spinach, Sweet Potatoes, Roll Dinner Beef Stew, Beets, Dinner Roll | 23 Breakfast Oatmeal, <br> Scrambled Eggs, <br> Danish <br> Lunch Hot Dog in a <br> Bun, Coleslaw, Baked <br> Beans <br> Dinner Chicken <br> Tenders, Broccoli, Sweet Potatoes | 24 Breakfast Cream of Wheat, Frech Toast, Sausage Lunch Ham Steak, Scalloped Potatoes, Carrots Dinner Pot Roast, Vegetable Blend, Mashed Potato |
| 25 Breakfast Oatmeal <br> Ham and Cheese <br> Quiche <br> Lunch Swedish <br> Meatballs, Egg <br> Noodles, Broccoli <br> Dinner Italian Sausage, <br> Potatoes O'Brien, Carrots | 26 Breakfast Banana, Cream of Rice, Blueberry Pancakes, Sausage Lunch Roast Pork w/Dijon Cream Sauce, Sweet Potatoes, Veggies Dinner Spaghetti w/Meatballs, Red Sauce, Italian Blend Vegetables | 27 Breakfast Maypo, Scrambled Eggs, Toast, Bacon Lunch Chicken Supreme, Vegetable of the day, Twice Baked Potato Dinner Stuffed Peppers, Wax Beans, Mashed Potatoes | 28 Breakfast Cream of Wheat, Egg Soufflé, Coffee Cake Lunch Beef Tips w/Mushroom Gravy, Green Beans, Baked Potato <br> Dinner Rosemary Pork with Gravy, Roasted Squash, Mashed Potato | 29 Breakfast Oatmeal, French Toast, Sausage Lunch Baked Fish w/Lemon, Asparagus, Oven Browned Potatoes Dinner Meatloaf with Gravy, Scalloped Potatoes, Mixed Vegetables | 30 Breakfast Cream of Rice, Scrambled Eggs, Banana Muffin Lunch Tortellini Alfredo, Capri Vegetables, Italian Bread Dinner BBQ Chicken Thighs, Mashed Potato, Coleslaw | 31 Breakfast Maypo, Waffle with Berry Sauce Lunch Chicken Chasseur, Butternut Squash, Garlic Mashed Potato Dinner Pepperoni Pizza \& Zucchini |

